

Why Dance?

- *Dance education inspires good work habits and healthy lifestyle choices.
- *Studies show that a structured dance program enhances academic achievement.
- *At every age and ability, dancing is exciting and joyful.
 - *Balance and coordination
 - *Self discipline
 - *Critical thinking skills
 - *Self expression
 - *Respect for others
 - *Determination and commitment



Competition Dance Team 2013-2014

Performs at local community events & fundraisers for charity such as: Best Buddies Pageant, Methuen dollars for Scholars, Blue Skies Anti-Bullying Expo, Move for the Movement Cancer Benefit, Methuen Santa Parade as well as regional competitions.

Center for Performing Arts Methuen

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www.DanceStudioMa.com

Dance * Acting * Voice * Theater

Where Stars are Born!



Like us on Facebook for event photos & updates
GOOGLE Yearly Calendar of events on our website!

***The Center for Performing Arts
accepts new students year-round***

CPAM Handbook

Thank you --, you and your child have chosen to be a member of Center for Performing Arts Dance Studio and Acting School. As a member of CPAM you will have the opportunity to participate in area performances and at our annual recital.

Being a team player is an important part of dance. We have prepared this special handbook to help you better understand your commitment

THE DANCE EXPERIENCE at CPAM

All of us at CPAM consider your participation in our classes as a reflection of our studio's solid reputation for quality. Not simply in the way we train our students to dance, but on how we influence them as people. It is our goal to develop a genuine respect for dance as an art form in each of our students. With the right focus, the experience can be an excellent motivator of self-confidence. If the dancer feels good about their performance and understands that they are better each time, then they are truly growing. At CPAM, we instill an appreciation for other dancers and their studios, we motivate our students and faculty by exposing them to the highest caliber training available. Only then are we going to produce the best dancers and teachers possible.

Our students, whether recreational or intensive performers, learn the same curriculum from the **American Academy of Ballet, Dance Teacher's Council of America** (Ballet, Tap, Jazz), **Dance Master's of America** (Ballet, Tap, Jazz, Tumbling, Children's work and Boys dance, Lyrical and Contemporary), the **Dance Teacher's Club of Boston** (Ballet, Tap, Jazz, Hip-Hop, Lyrical, Ballroom) and **U.S.A. Gymnastics**. Our teacher's are highly qualified, our music is age appropriate, our costumes are reasonably priced and tasteful and our low family tuition can't be beat by any school in the Merrimack Valley. We have been in business for 11 years and have students from 2yrs to 62 yrs and every age between. We pride ourselves on providing a fun, safe performing arts experience for all students!

Spread the word to the people you know about CPAM-if they register, you will receive \$5 off your next month's tuition.

Sincerely,
Miss Michelle

Monthly Family Hrs.	Regular	Early 10% Discount
30 min	\$40	\$36
45 min	\$55	\$49.50
1 hr	\$60	\$54
1 hr 15 min	\$65	\$58.50
1 hr 30 min	\$70	\$63
1 hr 45 min	\$75	\$67.50
2 hrs	\$80	\$72
2 hr 15 min	\$85	\$76.50
2 hr 30 min	\$90	\$81
2 hr 45 min	\$95	\$85.50
3 hrs	\$100	\$90
3 hr 15 min	\$105	\$94.50
3 hr 30 min	\$110	\$100
3 hr 45 min	\$115	\$103.50
4 hrs	\$120	\$108

*All New Families pay a one -time \$15 Registration Fee.

*Returning Families MUST Pre-register by June 30st to waive registration fee

*Early Tuition is Not Accepted After the last day of each Month.

*Tuition must be up to date for a student to participate in performances

*All tuition receipts and communications will be emailed

*There are no refunds on any Tuition or Costumes paid for any reason

*There is no transfer of funds for Tuition or Costumes

* All Consecutive months must be paid or placement will be forfeited (skipping a month is not allowed)

*All Students are expected to participate in 10 months (Sep- Jun) and the Recital

Center for Performing Arts Class Placement

Levels are determined by the School Director and other instructors based on a combination of age, skill & experience NOT by any other means. Thank you for understanding that for the safety of the students and staff. Please do not expect to be guaranteed a class with a particular friend.

Level	Age	Styles
Me & Mom	0-2 years	Creative Movement
Pre-Dance	2-4 years	Dance, Acro, Ballet
Intro. 1	4-5 years	Ballet/Tap Combo & Acro
Intro. 2	5-6 years	Ballet/Jazz Combo Tap/Hip Hop Combo Acro 30 min Acting/Voice Combo
Level 1	6-7 years	Ballet/Jazz Combo Tap/Hip Hop Combo Acro 45 min Acting/Voice Combo
Level 2	8-11 years	Ballet/Jazz Tap/Hip Hop 45 min Acro Acting/Voice
Lv. 3=8-10yrs Lv.4=11-18yrs Lv. 5=9-13yrs Level 6= 14-18yrs Level 7= 15-18yrs	Intermediate Intermediate Advanced Adv/Intermed. ADVANCED ONLY	Ballet, Tap, Jazz Hip Hop, Acro Acting-Voice Contemporary Modern

“STUDENT’S CODE OF ETHICS”

- *I will arrive 10 min early to class.
- *I will wear the proper dance attire or be prepared to sit out of class
- *I will wear my hair pulled back neatly and securely off my face.
- *I will use the restroom before, between or after class (not during)
- *I will serve as a proper role model to the younger dancers at all times, using language and behavior which is appropriate.
- *I will respect my parents and teachers at all times before, during and after dance class.
- *I will not talk in class while my instructor is giving instructions.
- *I will be polite to all students, staff and instructors at all times.
- * I will wear CPAM clothing to all special performances.
- *I will arrive at performances with all accessories, props and designated shoes and with costumes stitched and ready.
- *I will wear the hairstyle requested by my choreographer.
- *I will read each monthly newsletter and be responsible for all up-coming dates and special events.
- *I will bring dance supplies and water into the studio rooms. (all phones, boots, jackets, school bags etc will be kept on hallway hooks)
- *All students will keep their dance area clean and keep track of their costumes, accessories and shoes.
- *I will act with proper dance etiquette at all times.
- *I understand that I can be dismissed from class for misbehavior.

DRESS CODE

Female Dance Students: Black or pink leotards with black or pink tights. Ballet skirts, sweaters and shorts in black and pink are allowed. *Voice, Theater, and Adults: Black and Pink comfortable clothes. Hip Hop loose baggy clothing.

Male Dance Students: Black Bottoms and White tops for all disciplines. Ballet students may use dance belt by age 10.

“PARENT’S CODE OF ETHICS”

The vision of the Center for Performing Arts is to provide all young dancers/actors/singers exceptional role models in a healthy and encouraging environment. I recognize the importance of dance in the lives of young people; I pledge that I will participate in my child’s dance activities in accordance with the following:

- *I will promote teamwork and sportsmanship for all dancers and spectators in a positive manner.
- *I will not question the dance judgment of any faculty member or choreographer.
- *I will support my child’s class, teachers, and choreographers and resolve to allow the teachers to manage their dancers and choreography as they feel best benefits the entire class.
- *Because I am a role model for my child as well the other dancers, my personal conduct at the studio, performances and other studio events must be above reproach, and represent the highest standards of morality, teamwork and sportsmanship.

Therefore, I pledge that:

- *I will exhibit exemplary behavior at the studio and at performances.
- *I will at all times control my emotions and will be considerate of all dancers and parents’ collective emotions.
- *I will not make disparaging remarks of any type with regard to teachers, choreographers, choreography placement, costumes, other parents, other schools or publicly criticize them in the studio or course of any event.
- * I will direct all inquiries to the CPAM Director.
- *I will encourage my child to the best of my ability at all times.
- *I will not make a judgment on my child’s performance and always will be there to support them.
- *I will never make a negative comment concerning other parents or their children, whether they are from CPAM or another school.
- *I will always applaud for all dancers.
- *I accept this “Code of Ethics and agree to conduct myself according to the principles and regulations of CPAM. I realize that my child or I may be removed from any dance event for failure to comply.

ATTENDANCE

It is expected that all CPAM members will attend all of their regularly scheduled classes. Any student with poor attendance will be missing out on classroom instruction and will quickly fall behind in their training. Classes which a student misses due to illness may be made up within one month of the missed class. Please report your intent to make up a class with the office staff.

Classes which are missed because of a dance commitment (ex: Nutcracker, or any CPAM performance) which CPAM endorses will not be counted against perfect attendance because the student is indeed dancing.

Trophies, ribbons and award medals are given out in class in June for students who have Yearly Perfect Attendance, split club and for 1st year students through 12th year students.

COSTUMES

Costume payment is the responsibility of the parents or guardians of the dancer. All classes will require a costume (except Acting & Voice). The average cost of a costume is between \$50 and \$70. Deposits of \$45 for each dance discipline must be paid for by October 15th and balances on costumes are due in full by November 15th. New students registering after October 15th pay costume deposits at the time of registration. Costume payments after November 15th are subject to a \$14 separate shipping charge from the costume company. **NO EXCEPTIONS**

Costumes must be clean, wrinkle free and completely stitched before any performance in order to dance in the performance or recital.

SHOES

Shoes are required for class disciplines, Ballet, Tap, Jazz and Lv 1 and younger Hip-Hop and are necessary for practicing skills that will be used when performing. For performances it is important that the shoes are clean and that they fit well. All shoes except point shoes are available at CPAM at discounted prices and must be purchased at CPAM so that all the dancers match. Dancers on pointe need new shoes in September and in February please schedule a professional pointe shoe fitting at Patterson’s Back Bay Dancewear in Burlington, MA.

Private Lessons

Private Lessons: Are available in all Dance styles and also in Voice coaching, Acting preparing a monologue. Please inquire about private lessons at the CPAM desk and with the Studio Director, Michelle Michitson.

Center for Performing Arts

Competitive Dance Division

Building students' physical awareness, artistic creativity, intellectual discipline, emotional joy and social camaraderie...
One performer at a time!

At Center for Performing Arts we wish to offer a challenge to our most driven students who enjoy performing and constantly improving their skills.

For the Dance Team this is an opportunity in addition to all CPAM has to offer to also partake in master classes in the Massachusetts area with teachers from NYC and all over the U.S., Europe, and Canada.

The Dance Intensive Students are encouraged to attend Dance Master's of America and Dance Teacher's Club of Boston Training Events when possible with the Director of CPAM to gain perspective and meet dancers of their age from other dance facilities in New England. All of the Dance Intensive Students will participate in AAB, NDTCA Medal Testing, Summer Sampas Pavilion, Methuen Santa Parade, two dance competitions in the Spring Season which serve as an educational experience for the team and the dancers as individuals.

Some of the dancers of the team will also be asked to train in a solo or small group number for competition. Dance Intensive Students also act as role models to younger students and some are eligible to become an assistant teacher which is an invaluable training program unique to CPAM.

If you and your student are interested in Dance Intensive please set up an interview with the Director, Michelle Michitson.

About the Director

Michelle Michitson began dancing when she was 3 years old taking tap classes in an age of Shirley Temple! At the age of 6, Michelle decided on her own to concentrate solely on ballet at the American Academy of Dance in Mansfield MA. Her childhood teacher Rosemary Boyden is now a renowned master teacher at Universities and Competitions around the nation.

Michelle has performed with the Pentucket Ballet Ensemble's Aladdin and Sleeping Beauty and in college Michelle continued her studies in modern, jazz and ballet with the "Still Point Dance Company". There she auditioned for the nationally touring jazz company "Push Factor" of New York City. She soon became the company's Dance Captain under the Artistic Direction of Jaqui Young.

In 2002 the opportunity came to Michelle to own the Center for Performing Arts. Since then she has affiliated the school with the prestigious American Academy of Ballet of NYC and has earned numerous Gold with Distinction awards for her dancing with AAB.

Michelle and her students have also become affiliated with the National Dance Teacher's Council of America's National Medal Testing Program which sets high international standards in teaching and performing Ballet, Tap and Jazz. Michelle has received multiple High Honors awards and is extremely proud of her current students who are also attaining high achievements in the above programs.

Michelle continues her training with the Boston based ballet company "Dance Prism", in which she and her students participates in the yearly "Nutcracker" performance and many other ballet performances in the New England area. Most recently Michelle taught Jazz/Lyrical & stretch classes at the Bolshoi Summer Intensive in 2012 and attended the Suny Purchase College American Academy of Ballet Training in 2014. Teaching ALL of her students and witnessing their triumphs brings her much joy and pride.

"You have to be obsessed with dance to do dance: it's not something you play with. The commitment must be there, and the involvement total" ALVIN AILEY

The Center for Performing Arts Participates in:

September -December

Center for Performing Arts Fall Theater Production

Auditions are held in August each year for CPAM's Fall Musical. The rehearsals run from September to December with a final performance in December. Each group rehearses two hours a week for 12 weeks and the session fee is \$70 for each student. This is separate from family tuition.

November -December

Dance Prism touring Nutcracker Ballet

Dance Prism is a touring ballet company encompassing 5 cities with 10 professional performances. We encourage our enthusiastic ballet dancers to spread their wings. Auditions and Rehearsals are in Concord MA.

Auditions are in September in Concord Ma

Performances in November and December

*Not recommended for Saturday Dance Students because rehearses on Sat. Opportunities for students to rehearse at CPAM for roles at the Andover show are available for Saturday students and any other student over age 7yrs.

OPPORTUNITIES for students to participate in Nutcracker for the 3 Andover performances and rehearse with Miss Michelle at CPAM. Please inquire in the studio office.

NOVEMBER: METHUEN SANTA PARADE

Methuen Santa Parade Pelham St. Park & Ride to Malden Mills

All students are invited to join us on our float, walking, or dancing. Older students perform along the streets of Methuen each year to thousands of on-lookers during the annual Santa Parade. **CPAM apparel is mandatory for this event.**

DECEMBER: METHUEN TREE LIGHTING CEREMONY

Each year the Voice, Acting, and Theater students and the Competition Team Dance students and any other CPAM students/siblings and parents are encouraged to sing carols with us as the tree is lit and as the Mayor greets SANTA! **CPAM apparel is mandatory for this event.**

The Center for Performing Arts Participates in: - cont.

September-January

All CPAM ballet students Level 1 to Adult are taught The American Academy of New York City Ballet Performance Awards. Choreography from September to January and expected to perform for awards and certificates in January.

January to May

Center for Performing Arts Spring Theater Production

Auditions are held in January each year for CPAM's Spring Musical. The rehearsals run from February to April with a final performance in May. Each group rehearses two hours a week for 12 weeks and the session fee is \$70 for each student. This is separate from family tuition

June

Center for Performing Arts Annual Dance / Voice Recital

Students Tuition Balances must be up to date to participate

July- August Summer Classes & Camps

Dance Teacher's Council of America, National Medal Testing Summer Intensive- appropriate for beginner through advanced dancers.

Wednesdays we offer fun classes in Ballet, Jazz, Hip-Hop, Acting, Voice, Musical Theater Dance, Acrobatics and more. These classes perform at the end of the summer at the Sampas Pavilion in Lowell, MA. No costumes and No tickets!

All Intensive Dance Team Students are required to take Ballet, Tap and Jazz in the NMT summer program, and only dance intensive students are eligible for our teacher training program after the Gold Bar Examination. Examinations are optional for any student. Students over the age of 8 are eligible to participate in NMT. The DTCA is an international organization which certifies student's progress from beginner to professional building an impressive portfolio and documenting student's progress.

This program serves as CPAM's dance teacher assistant and teacher training program.

Center for Performing Arts Dance Studio and Acting School

Is excited to offer our student's a program producing triple threat performers. Meaning that our students have the opportunity to be trained in **voice, dance and acting** by trained professionals of their field.

Our voice instructor is proficient in Classical Opera to pop-style to musical theater style vocal instruction. Our dance program for students, teens and adults is affiliated with world-wide associations, curriculums and certifications. The **acting program** equips students with the necessary skills needed to perform with confidence in our Fall and Spring Community Theater Performances.

ACTING CLASSES:

Our Acting Program follows Massachusetts Department of Education's Framework for k-12 Drama programs. Our Acting Instructor has years of acting experience and brings her own supplementation of improvisation, memorization activities including in-class performances as well as opportunities to perform in our Fall and Spring Community theater performances. **Acting/voice classes are specialized instruction in technique that meet weekly** outside of the Community Theater Program. Class tuition begins at \$40 each month.

VOICE CLASSES/VOCAL TRAINING:

At Center for Performing Arts Acting/Voice School we feel strongly about a strong foundation in classical vocal education. Our program for very young students introduces them to group singing pitch, range, arpeggios and scales. We would like to instill the joy of expression through vocals by teaching fun popular songs to the very young. As your student grows so will their classical technique training. Each year new strategies are examined and students are introduced to a wider range of musical styles and performance opportunities. **Voice/acting classes are specialized instruction in technique that meet weekly** outside of the Community Theater Program. Class tuition begins at \$40 each month.

COMMUNITY THEATER PROGRAM AND AUDITION INFORMATION:

The Director Produces a fall musical each December and a Spring musical each May. All Actors, Singers and Dancers who audition are used in the production regardless of their prior experience. The Community Theater Program tuition is **\$70** for the three month session and there is no audition fee. Community Theater rehearsals meet for two hours on Wednesdays for teens-Adults and on Saturdays for students 12 and younger. . Drama/Voice Classes are not necessary to participate in the Community Theater Production.

Our **acting/voice classes** prepare and encourage students of all ages to expand their knowledge in acting technique and to incorporate newly learned skills into many performance opportunities in the Merrimack Valley

Professional, Educated, and Devoted Instructors:

Michelle Michitson

Owner, Director
Competition Intensive Dance Team Instructor
Advanced Ballet, Lyrical & Jazz Dance, Children's Tap, Adult, & Children's Classes
Kinetic Dance Company Member & Founder
Dance Prism Company Member
Bolshoi Ballet Summer Intensive Jazz/Lyrical/Stretch Instructor 2013

Nicole Surette- Dance Instructor, Zumba Certified
Competition Intensive Dance Team Instructor
Advanced Tap Dance, Jazz Dance, Adult & Children's Classes

Melanie Capalbo- Dance Instructor

Competition Intensive Dance Team Instructor Hip Hop, Jazz, Contemporary, Acro, Adult, and Children's Classes

Rebecca Farnham*on sabbatical

Acting & Voice Instructor, Theater Director
Children and Adult Acting, Voice, and Community Theater

Reese Charest- Acting & Voice Instructor, Theater Director
Children and Adult Acting, Voice, and Community Theater

Joel Morrobel- Dance Instructor

Boys Only HIP HOP Classes

Tracy Parris- Acting & Voice Instructor, Musical Theater Dance Director
Children and Adult Acting, Voice, and Community Theater

Anastasia Michitson- Dance instructor/Drama/Voice Instructor
Drama/Voice and Dance for Children

Assistant Teachers: *Assistants are examined by the National Dance Teacher's Council of America and The American Academy of Ballet NYC*

Anastasia Michitson
Stephanie Kenny
Victoria Rousseau
Destiny Leonor
Madison Lomax

Boys at CPAM

Boys as young as age 2 are welcome into our full range of classes here at CPAM. We recommend enrolling boys in Co-ed classrooms for the FULL experience in all styles that we offer:

Ballet which is the foundation of all dance styles and improves posture, strength and flexibility for everyone. As soon as a boy is registered into a class the entire focus of the dance turns to him. Let your guys get the attention!

Tap which is by definition a percussion instrument on the feet is improves coordination and musicality for every student.

Jazz and Hip Hop are stylized versions of dance based on heritage and folk dances and historical influences such as Broadway, Musicals, and Urban trends.

Tumbling/Acro is the same as gymnastics, except without the apparatus, where students train their core strength to perform tricks on the Gym mats only.

Drama/Voice classes and the Theater Program is another chance for students to shine on stage doing all of the skills that they love: singing, acting and dancing together!

A very new and special program is

BOYS only HIP HOP- for any and all boys age 6-9 and 10+age groups.

These classes are devoted to just the guys, taught by a qualified male instructor in the styles that attract males the most: Jazz, Hip Hop and Acro. We do not forget though that proper technique comes from the correct ballet training so we incorporate principles into this class as well to make our boys and men well trained performers.

Universal Performing Arts Class Etiquette Please read & understand

Be On Time: Students are expected to be ON TIME for every class. This means the student should be in the class before the music begins. Students are expected to stay in a class until the end and should not leave the classroom without permission. Use the restroom, get a drink of water, and secure hair, etc. before entering the classroom.

Be Neat: Keep your hair pulled back off your face and neck and firmly secured in a ballet bun or pony tail with bangs in a barrette. Hair flying about can be distracting, get in the eyes and cause problems with spotting freely during pirouettes. Do not wear jewelry to the studio during class.

Be Clean: Being respectful to others means wearing clean clothes and clean smelling shoes. Attend to your personal hygiene. Shower and use antiperspirant or deodorant before coming to class. Show others you have respect for yourself by coming to class clean, neat and well put together.

Dress like a Dancer: Follow the dress code policy. The dress code allows the teacher to see your physical movement and make the proper corrections. Being properly dressed shows the teacher you are serious about your art form. Do not wear undergarments that will hang out of the leotard or show through the tights. You will feel more confident and dance better when properly dressed for class.

Classroom Manners: Students are expected to be respectful and courteous towards all instructors, staff members and fellow classmates. Dancers are polite and should be alert and ready to learn. Sitting down unless directed to do so it is not acceptable; and dancers should NEVER chew gum during class. Rudeness to teachers or peers is absolutely unacceptable. Talking, with your friends while others are performing or when the teacher is talking is considered rude.

Attention in Class: Students are expected to pay attention while in class. If a student has a question, he/she should raise his/her hand and ask the instructor. Dancers are in class to work, watch and listen, especially when combinations are being demonstrated. Attention is important. Teachers might not show the combination more than once.

During Class: Students are Not allowed to chew gum, eat, or bring soda/juice or any open bottle into a classroom during a class or rehearsal without permission. It is good to drink water before and after class ends. It is inappropriate to drink water while a teacher is giving a combination. If the teacher allows, students may drink water from a water bottle between exercises.

Permission to leave class or not participate: Leaving during class is not usually allowed unless a good reason is given. Dancers should try their best to tend to all needs before and after class. To walk out of class without permission is unacceptable. Any physical limitations should be discussed before the class begins to understand why you may not be doing a step to your fullest potential. If you are able to walk than you are able to participate in moderation.

Why JOIN A DANCE Team?

It's not about the Gold Medal....

It is about challenging the student with exciting choreography – growing each and every student equally.

It's about not being perfect but working hard each time to improve as a team.

Not easy Choreography-challenge yourself.

If the choreography is easy what will they work on to improve?

Our Philosophy

We will challenge each dancer in every routine and not to give “easy” choreography for just to receive high scores.

To come back to the studio after each performance ready to work harder on the judges critiques.

To become the best we can possibly be in class so that the color of the competition medal doesn't matter.

To congratulate dancers and studios who scored higher than our Team, to be satisfied with our scores.

Proud that all of these kids are confident in themselves to do an audition in front of judges, some they know, some they don't – dancing in some disciplines that they are comfortable in and some that they aren't.

Being part of a team isn't just about winning. It's about becoming your personal best and being an inspiration or being inspired by others.

Dance Team Requirements

8+ hours total week/ \$200 per month

3.5 hours of Ballet per week

2 hours of Tap per week

1.5 hours of Jazz per week

1.5 hour Team Conditioning / Choreography Class

Need to be an example at CPAM

- Attendance is only excused with a doctor's note or a school commitment. Can be removed from team for excess absences.
- Hair – Needs to be pulled back so that it will not come undone or needing to be fixed during class. High bun, braids etc.
- Uniform – pink, black and white only & Boys black and White
- Attitude - hard working focused, wants to excel
- Represent the CPAM School & Team with good behavior in & out of dance.
- Move 4 the Movement Cancer Benefit- January 10th 2014
- Dance Prism Nutcracker from age 7 Saturday Sept 7th, 2014
- Dance Masters of America Workshops- Oct. 19th, Nov. 23rd, March Solo Titles for soloists only Dates TBA
- Master Classes- EXCEL in MOTION, January 17th-18th
- American Academy of Ballet NYC, Performance Awards- Feb. 7th-8th 2014.
- Summer NMT training and Master Camp- July 6th to Aug. 23rd 2015
- Opportunity to assistant teach/teacher certification program only for Team Students finished with the Gold Bar NMT

Solos

- Solos are given out on merit to those students that rise above in dedication and perseverance.
- Solo Rehearsals start in January with competition in May and June.
- Solos are \$150.00 for choreography & rehearsal
- Solo entry fees are \$80.00- \$100 each per competition
- DMA Titles in March for Elite Team plus April and May for all Soloists

DANCE TEAM Audition Process & Requirements

- Current & New Students before summer are required to take NMT Summer courses. Ballet, Tap & Jazz.
- Required classes with attendance 8+ hours a week.
- Students need only to be showing the desire and effort of committing to dance and in becoming an advanced dancer or professional.
- Set goals to improve flexibility strength, musicality and technical knowledge.
- As a team attendance in class, rehearsals, community events and competitions is mandatory.
- All students MUST have correct shoes and new tights for performances.
- Costume deposits – make sure to have in for early ordering and have no missing pieces or you will need to replace it.
 - Will sometimes have extra hats/gloves/tights
- Estimate Each Costume: \$60.00-\$75.00
- 2 competitions Estimate \$100-\$200 for each competition due in February 2015:
 - Elite Performance Challenge April 11th & 12th Chelmsford, MA
 - Starbound National Talent Competition May 8th & 9th Concord, NH
- Dancers need to remember all of their group & small group and solo routines for Sampas Pavilion performance.
- Be organized with a suitcases, rack, bags, garments, bins, buckets and caboodle.
- Treat your costume like gold. – head pieces, shoes, tights, props, earrings, makeup for stage only.
- Always clean shoes, no scuffs, holes and or touched up.
- Keep hats & head pieces in a place where they will not get crushed.
- Use hot glue and elastics where needed.

Dance Team 2014-2015 Calendar

September

*Dance Prism Audition on Sat Sept 7th, 2014

October

* Dance Master's of America Conference
October 19, 2014, 9:00AM-4:30PM
Lantana, 43 Scanlon Drive, Randolph, MA 02368

November

* Dance Master's of America Scholarships Classes
November 23, 2014,
Juniors 8:00AM-12:00PM, Seniors 1:00PM-5:00PM
Spotlight Dance Studio,
391 West Water St., Taunton, MA

January

*Dance Master's of America Winter Workshop
January 11, 2015 - Winter Workshop
Melissa Hoffman Dance Center 210 Robinson Rd, Hudson, NH 03051

* EXCEL in MOTION- Boston \$210 Conference Fee
January 17th and 18th
The Westin Copley Place
10 Huntington Ave
Boston, MA 02116
617-262-9600
The most SYTYCD head-liners at one convention

February

*American Academy of Ballet January 7th & 8th

March

*Elite Dance Team Solos Only
Dance Master's Title Competition March 13, 14 & 15th

April

*Elite Dance Challenge Competition April 11-12, Chelmsford, MA
Dance Team Levels 3-4-5-6-7

May

*Starbound National Competition May 8-9, Concord, NH
Dance Team Levels 3-4-5-6-7